

Head-to-Toe Grooming Guide

Ten products to polish your look for the holidays and every day

IF CLEANLINESS is next to godliness, good grooming is one way to stay out of hell. After all, it's the finishing touches that make a woman look and feel polished. "A well-groomed woman doesn't leave the house without first checking herself in the mirror, front and back," says Dini von Mueffling, coauthor of *The Art and Power of Being a Lady* (Grove Press, \$12). "She doesn't worry about how she appears to the world because she's already taken care of that." A little preparation and the proper set of tools (see next page) guarantee a fresh, refined appearance. They prepare you for anything—even the pitchforks and pandemonium that occasionally come your way.

PHOTOGRAPH BY ONDREA BARBE

For a polished look...

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LINT REMOVER

Nothing sabotages a black top or dress like a fine layer of carpet lint or cat hair. Roll a sticky lint remover over all clothing surfaces before stepping out. Try the **Evercare Pet Hair Pic-Up Adhesive Roller**; \$4 at supermarkets and pet stores.